

19th May 2023

Dear Parents/Carers,

Next week the children will be taking part in Healthy Living Week at Gainsborough and they will be exploring all the different elements of a healthy lifestyle through themed days.

Mindu Monday will focus on mental health and strategies to help us relax and stay calm

Tasty Tuesday will look at healthy foods and diet

Wellbeing Wednesday will support the children to stay safe online and social media

Thoughtful Thursday follows the story of food from farm to plate

Finally, on **Fit Friday** children will spend time outside learning active playground games.

Each class will also be visiting the Life Caravan, which will be here on site at Gainsborough, to learn about healthy lifestyles with Gerald the Giraffe.

In addition to all these fun activities, children will also be given a chart from the Lifestyle Centre to help them monitor how they travel to and from school next week, encouraging them to help to Get Active and help the environment by walking. Completed charts can be exchanged at the Lifestyle Centre for a free swim pass!

Have a lovely weekend,

Mrs L Hampshire PE and Healthy Living Lead



<u>Year 6</u>

This week Year 6 got the opportunity to visit the 'Knife Angel' in Crewe town centre. Once we arrived, we were impressed to see how many knives had been used to create the structure and we learnt about how the knives that were used had all been confiscated or handed in to the police. We had the opportunity to find out more about the victims of knife crime and how dangerous carrying a knife can be. On Friday, we then had a visit from our local Police Support Team to further inform us about how to keep ourselves safe on the streets and how the police are trying to reduce knife crime in our locality.











Lunchtime Menu - week 2 - w/c 22nd May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Sausage RollBBQ Pulled PorkQuorn KormaJacket Potato		All Day Breakfast Vegetable Ravioli	Chicken and Rice Ploughman's Toastie	Fish and Chips Cheese and Onion Flan
Ham / Cheese / Tuna	Ham / Cheese / Tuna	Ham / Cheese / Tuna	Ham / Cheese / Tuna	Ham / Cheese / Tuna

Nursery



Our seeds are growing.



<u>The Knife Angel – A Poem</u>

She is a monument to merciless hands, A tribute to the fallen ones, Her feathers are the knives, Which took away so many lives.

She stands in silent witness, A reminder of the guilt, She speaks for those silenced by crimson streams, For those exposed to the jaws of death.

She is the knife crime angel, A symbol of crimpled petals and a message of love and grace, She's a statue that knives us with the harsh reality as we go on day by day.

By Zofia (class 11)

This week in Reception, we have been reading Goldilocks and the Three Bears. To help bring the story to life, we made some yummy porridge.



	YYY	YY	YY		Cup Winners X X X X X X		
Class 1:	Ibrahim for	an amazing effort with writing.					
Class 2:	Ameera for	super independent writing.					
Class 3:	Kyan for a s	uper weather report.					
Class 4:	Nika for tryi	ng hard with her independent writing.					
Class 5:	Oscar for gi	or giving 100% effort in all of his assessments					
Class 6:	Polina for fa	antastic progre	ss in her le	ea	earning.		
Class 7:	Lacey for alv	ways showing l	kindness to	0	o everyone around her. You are a great friend!		
Class 8:	Daniel and	Chloe for both	reading at	h	t home over 150 times each this year!		
Class 9:							
Class 10:	Thea for her super writing.						
Class 11:	ass 11: Teddy for a much-improved attitude to his learning. As a result, Teddy has improved and produced						
	some excell	ne excellent work, especially his narrative retelling of the Shaman's Apprentice.					
Class 12:	Philip for including the year 5 non - negotiables in his writing.						
Class 13:	William for trying so hard in his maths and in his writing.						
Class 14:	Lena for hav	ving a positive	and enthu	si	isiastic attitude to learning.		
The SPECI AWAR	AL	★ Zofia (c★ Emma	2) for exce :11) for an (c11) for e	ell e exc	Nurse's Special Award ellent progress in all areas. A excellent poem about the Knife Angel. excellent effort in writing. mplary manners in the dinner hall.		
Attendance					Free Sport Active		
	National average Primary School attendance 96%			FUNDAY FUNDAY FOOD AND FUN TUESDAYS 4-6PM TERM TIME			
Overall school attendance to date92.849Overall school attendance last week95.2%		%	SATURDAY 20TH MAY, 11A-2M CREWE, ELLESMERE PORT & CHESTER				
		95.2%			Continue Camero Monearto Monea		
Nursery Miss Farnw	orth	92.2%	5		Move together, play together, eat together Book your family's free place: http://www.entbrite.com///imily-food-and-thui-tickets-5938425822 Ling: Destroyed State 2012 Phone: 07294 588 225		
Class 1 Miss Crouch	ner 83.2%	Class 2 Mrs Grocott	95.3%				

Nursery Miss Farnworth		92.2%	
Class 1 Miss Croucher	83.2%	Class 2 Mrs Grocott	95.3%
Class 3 Miss Eccleston & Mrs Clewes	95.3%	Class 4 Mrs Hampshire	90%
Class 5 Mrs Kettle & Mrs Taylor	97.1%	Class 6 Mrs Poulson- Green	95.2%
Class 7 Miss Jones	97.9%	Class 8 Mrs Taylor	98.2%
Class 9 Miss Marshall	94.1%	Class 10 Miss Garside	96%
Class 11 Mr Basing	98%	Class 12 Miss Hitchen	95.3%
Class 13 Miss Lee	98%	Class 14 Miss Gough	99%

	<u>Dates</u>	for	your	<u>Diary</u>	
			Year	3 Swii	r

w/c 22 nd May		Year 3 Swimming lessons
24 th May		Y1 Brereton Heath visit
25 th May		Y4 Trafford Hall residential
<mark>29th May-2nd June</mark>		Half Term – school closed
6 th June		Y3 Xplore! Centre visit
8 th June	10.15am	Nursery & Reception Sports Day
8 th June	1.30pm	Year 1 & Year 2 Sports Day
9 th June		Summer Fair
12 th June	10.15am	Year 5 & Year 6 Sports Day
12 th June	1.30pm	Year 3 & Year 4 Sports Day
16 th June		Y5 Chester Zoo visit
27 th June		EYFS Blue Planet Aquarium visit