



Bikeability Level 1 Information Letter after school (not a consent letter)

Dear Year 4 Parent/Guardian

On **Thursday 3rd May 2018** Year 4 children have been offered the opportunity to take part in a Bikeability Level 1 course **FREE of Charge** after school until 16:45. This is a national scheme funded by the Department for Transport and provided through Cheshire East Council. Level 1 takes place in an environment away from cars and traffic, typically on the school playground. There are a number of outcomes to be taught at Level 1 where your child will gain basic cycle skills including, bike safety checks, starting & stopping under control, manoeuvring, signalling and using gears (if fitted) correctly during the session.

On successful completion your child will receive a badge and certificate. This course then enables your child to progress onto Bikeability Level 2 on-road training (if they wish) in either Year 5 or 6 and is also fully funded and offered annually by your school.

For further information on Bikeability Levels 1, 2 & 3 check out the websites:

www.cyclist-training.co.uk or www.Bikeability.org.uk

We at Cyclist Training Ltd recommend the use of a cycling helmet but in the event of the child not owning one we would not prevent them from taking part. **Signed parental permission is required if not wearing a helmet.**

To take part your child requires;

1. The use of their own or a friend's maintained bike (and helmet).
2. A completed and signed parental consent form **returned by Wednesday 21st March 2018.**
3. Suitable outdoor clothing appropriate to weather conditions.

I look forward to seeing your child on the course.

Yours sincerely

Mrs Vicky Warrillow
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Gainsborough Primary & Nursery School

