



Gainsborough Primary & Nursery Academy Newsletter



10th October 2025

Dear Parents/Carers,

Today is World Mental Health Day and through our 'No Outsiders' assemblies, the children have been discussing what they do to look after their own mental health. Some of their ideas were:

- Relaxing with a book
- Playing a sport
- Playing with friends
- Being outdoors



We will be exploring the theme of mental health further during February's Children's Mental Health Week where we will be carrying out more whole school activities.

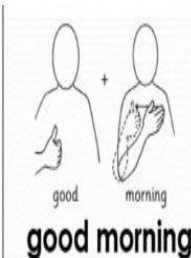
In the meantime, why not try one of the children's suggestions for yourself this weekend? For more ideas visit the Family Support page of our brand new school website where you will find a range of resources to help support mental health.

<https://www.gainsboroughschool.co.uk/parent-information/family-support-getting-help/>

Also this week, the children have been learning a new Makaton sign. Ask them to sign 'Good Morning' and 'Good Afternoon' to you – they are brilliant at it!

Have a lovely weekend,

Mrs J Nurse
School Principal



Using dominant hand, do the thumb up GOOD sign then fingertips of dominant hand tap non-dominant side of chest followed by tapping dominant side of chest



Using dominant hand, do the thumb up GOOD sign, then index and middle finger of dominant hand (N shape) move forwards and away from top lip.

Lunchtime Menu - week 1 w/c 13th October 2025

Monday	Melted Cheese Sub	Veggie Pasta Bake
Tuesday	Beef Lasagne	Jacket Potato
Wednesday	Chicken Pie	Meatless Chilli
Thursday	Roast Gammon Dinner	Roast Quorn Dinner
Friday	Battered Fish	Meat(less) Balls & Gravy
Ham / Egg / Cheese / Tuna available every day		



Gainsborough
Primary & Nursery Academy

Open Day

We would like to invite parents and carers to our Open Day

15th October 2025

9:30-11:30

Please contact the school office on 01270 696810 or email admin@gainsborough.cheshire.sch.uk to book a tour.

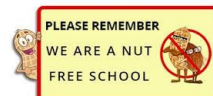


At Gainsborough we believe that every child can reach their full potential through our core values of **RESILIENCE** and **POSITIVITY**. We are passionate about achieving the best outcomes for all - academically, socially and emotionally. We celebrate our differences in a respectful, nurturing and inclusive environment where everyone in 'Family Gainsborough' matters.

Give your child a running start at school life with Gainsborough!
For more information about our lovely school please visit www.gainsboroughschool.co.uk

Nut Free School

For the safety of all pupils and staff – please ensure your child does **NOT** bring food into school that is nutty or has nut content. This includes 'Nutella' spread or 'peanut butter' on sandwiches (in packed lunches) and cereal bars that may contain nuts.





Cup Winners



- Class 1: Zaquel for fantastic phonics and letter recognition.
- Class 2: Emanuela for her independence during PE.
- Class 3: Medeea for writing a great ending to her Old Bear story.
- Class 4: Tayia for always trying her best.
- Class 5: Emie for trying her best to perfect her handwriting in all lessons.
- Class 6: Isabella for her recount of the voyage down the river.
- Class 7: Reggie for consistently great work in maths.
- Class 8: Ameera for always being polite and respectful to everyone.
- Class 9: Jennifer for making a super effort in all subjects.
- Class 10: Jayden-Paul for resilience in maths and not giving up on subtraction with exchanges.
- Class 11: Zuzanna for a super effort in maths.
- Class 12: Kevin for always being ready and focused in lessons.
- Class 13: Buddy for always being ready and respectful. A star pupil!
- Class 14: Freya for excellent maths when carrying out written multiplication and division.

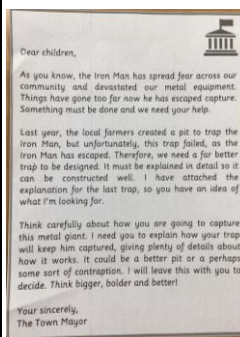


Attendance

National average Primary School attendance		96%	
Overall school attendance to date		95.86%	
Overall school attendance last week		96.71%	
Nursery Mrs Taylor		97.1%	
Class 1 Mrs Kettle & Miss Eccleston	97.9%	Class 2 Mrs Grocott	92.6%
Class 3 Mrs Crowther & Mrs Clewes	96%	Class 4 Mrs Hampshire	99.6%
Class 5 Miss Gee	98%	Class 6 Mrs Poulson-Green	98%
Class 7 Mrs Watson	97.9%	Class 8 Mrs Dewey	97.9%
Class 9 Miss Oliver	96.7%	Class 10 Miss Marshall	98.6%
Class 11 Miss Lee	95.2%	Class 12 Miss Booth	91%
Class 13 Miss Hitchen	100%	Class 14 Mrs Taylor	97.2%

Year 3

Year 3 received an exciting letter in the post this week! It was a letter from the town mayor, asking them to help design a successful trap to capture the Iron Man, who has been causing disorder and mayhem for too long. The children have been busy designing their traps, thinking carefully about their choices and what would make a successful trap. This will lead towards them writing an explanation text to support their trap design and decisions.



The children in nursery enjoyed their Autumn walk in the woodland area. They spotted pine cones, berries and a spider's web.



In PE the children in Reception have been enjoying using the equipment in our gymnastics lessons. We have practised travelling and jumping.



Thursday 16th
October
Reminder -
Please join us at
2:45pm or 5pm
for our Early
reading and
phonics meeting.



Dates for your Diary

15 th October	9.30am–11.30am	Open Day for Reception 2026 pupils
16 th October	2.45pm or 5pm	Reception Phonics and Reading Meeting
17 th October		Class 7 swimming lesson
20 th October		Y5 Bikeability level 1
20 th – 22 nd October		Y6 Robinwood Residential
21 st October	12.50pm	Y5 Family Lunch
23 rd October		Academy Photographs
27 th – 31 st October		Half Term – school closed
5 th November		Y3 Chester Zoo visit
20 th November		Y2-Y6 New Vic Theatre Visit

Mrs Nurse's Special Award

- ★ Alma (c4) for some super handwriting.
- ★ Kostya (c4) and Patrik (c4) for showing respect and good manners to visitors.
- ★ Nafisa (c6) for super writing.



Makaton Sign of the Week

Makaton is a language programme using signs and symbols, alongside spoken language, to support communication. Some of our pupils at Gainsborough use Makaton to help them to understand and communicate. As an inclusive school, we are encouraging the whole Gainsborough community to learn this new skill together and we will be sharing new Makaton signs with you each week. As always, thank you for your continued support.

Bring finger tips to chin and then bring hand out in a short arch



Thank You

Bring finger tips to chin and then bring arm down in a long arch



Please